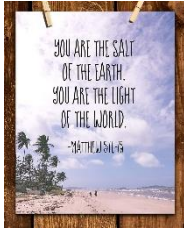




Our Lady of Lourdes Catholic Primary & Nursery School News

SCHOOL CONTACT DETAILS
01524 732289
www.olol.lancs.sch.uk



Friday 6th February 2026

Our Gospel Value Service



I hope that you have all had a great week despite that howling wind! We have had another busy week working hard on our new curriculum themes. I have had a lovely week looking at children's work and getting them to talk about the different things that they have been doing. I have also been very fortunate to see how the children are really thinking about how we can follow Jesus and I have seen them helping and supporting each other. On Saturday Fr Peter was taken ill and he had a little stay in hospital. I am pleased to tell you that he is recovering but, will be away for a little while. I will keep you updated as time goes on. Our whole school community is sending him our prayers and wishes to get better soon. This week on Monday afternoon, Willow Class enjoyed another swimming session at Carnforth pool. On Tuesday we had a visit from Speech & Language. Today, we have enjoyed it being Friday and have ended the week with Celebration assembly. I have really enjoyed celebrating all the work the children have brought in for us to share.



Next week, is the last week of the first half of the Spring Term and I can't believe that we are here already! On Monday we will begin with assembly and in the afternoon, Willow Class will be enjoying another swimming session at Carnforth pool. On Tuesday we have a visit from the MCMAT Safeguarding Lead and after school we have two Governor Committee meetings – Finance & Staffing. On Wednesday it is the Feast of Our Lady of Lourdes and the children will be thinking about and saying prayers to St

Bernadette. There may even be a little treat for them all 😊 Unfortunately, I will be away at a school in Carlisle learning about their CUSP curriculum. On Thursday our EYFS staff will be attending some sensory training and the Governing Body Committee will meet to discuss Curriculum & Standards. On Friday we will end the week with Celebration assembly and I am really looking forward to seeing all the lovely things that the children will bring for me to share. School will then close for the Half Term break.

As always, if anyone has any concerns or worries, please do not hesitate to call, and make an appointment to see us; we are always happy to help and support families as best we can.



Our VIP's this week are:

| | |
|--------------------------------|----------------|
| LITTLE ACORNS (Nursery) | |
| Neveah Taylor | |
| CHESTNUT CLASS | |
| Elliott Halpin | |
| ELDER CLASS | |
| Harry Bamford | |
| WILLOW CLASS | |
| Nadhayel Nidhin | |
| OAK CLASS | |
| Jostion Cyriac | |
| WELFARE AWARDS | |
| Xena Taylor | Elliott Halpin |

SCHOOL LUNCHES
Next week is **Week 3**



Liz Kendall

NEWS FROM THE CLASSROOM

LITTLE ACORNS & CHESTNUT CLASS

In Little Acorns we have looked at how to make pancakes.

ELDER CLASS

In Elder Class this week, we have enjoyed exploring the Tale of Peter Rabbit more.

WILLOW CLASS

In Willow Class this week, we have written formal letters of complaint.

OAK CLASS

In Oak Class this week, we have been learning about online safety and keeping ourselves safe.

PRAYER & LITURGY

This week's assembly reminds children that they are the salt of the earth, called to bring out the best in others through their words, actions and faith in Jesus. Our faith should impact our lives and the lives of those around us.



Attendance Update

We are trying really hard to improve attendance in school so that we reach the national targets. The children's target is 95%. Let's all keep trying to work hard to improve our attendance.

This week

| Chestnut Class | Elder Class | Willow Class | Oak Class |
|----------------|-------------|--------------|-----------|
| 64.22% | 87.78% | 93.33% | 94.4% |

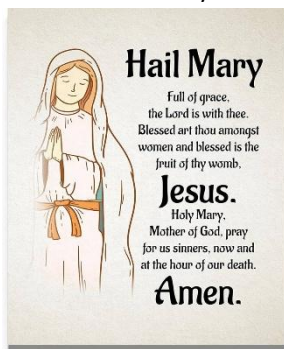
Well done to **OAK CLASS**

Fr Peter Houghton

As mentioned above Fr Peter was taken ill this week and whilst he had a short stay in hospital he is now recovering in Preston. Father loves to say the Rosary and does this



after Mass every week. I think that as a school community if we can try to say the Hail Mary for him, he would really appreciate this especially as we celebrate the Feast of Our Lady of Lourdes later this week.



IMPORTANT - SICKNESS BUG

Unfortunately, we are still suffering with this bug in school. As you know we request based on Public Health guidance that children are kept off for **48 hours** from the time that their bowel movements stop being loose. This should help slow and hopefully stop the spread of the bug.

Diarrhoea and vomiting?

There's no specific cure for stomach bugs such as Norovirus
Treat children at home with an #EssentialKit while the virus runs its course

HALF TERM BREAK

School closes next Friday (13th) February at 3.30pm. If you are eligible for FSM vouchers they will be delivered to your email address on that day. If there are any problems, please let the school office know as soon as possible. I will have access to my email sporadically over the holiday.



Autumn Diary

Dates

We have included as many dates as we are aware of at this time. We will keep updating this, the school website and will send texts as reminders.



| | |
|---|---|
| Monday 9th February | 9am Assembly 2.15pm Willow Class Swimming |
| Tuesday 10th February | 4pm Finance, Premises and Health & Safety Governors meeting 5pm Staffing Governors meeting |
| Wednesday 11th February | The Feast of Our Lady of Lourdes |
| Thursday 12th February | 4pm Curriculum Governors Meeting |
| Friday 13th February | 3pm Celebration Assembly School Closes for the Half Term break |
| Half Term Break | |
| Monday 23rd February | 9am Assembly 2.15pm Willow Class Swimming |
| Tuesday 24th February | Suzanne Fish (School Adviser Visit) |
| | |
| | |

CAR PARKING

Please can I remind you about parking. The lane that runs down from Carnforth Swimming pool has double yellow lines on it and we should not be parking here. It puts children at risk of being hurt. So, please can I request that no-one parks here and that you either walk down from the main road, or use the Church Car Park, which Father Peter kindly allows us to use for drop off and pick up. We have also been asked to remind you not to use the swimming pool car park. I thank you for your help with this.



INFORMATION FOR PARENTS

Cases of norovirus are on the rise, with outbreaks in nurseries and other early year settings returning to near pre-pandemic levels in January/February.

For most people, it's an unpleasant and short-lived illness, but if your child is showing symptoms of the vomiting bug then it's important to keep them at home to curb the spread of the virus. Here's everything you need to know.

What is norovirus?

Norovirus, commonly known as the winter vomiting bug, is a stomach bug that causes sickness and diarrhoea.

Norovirus can spread easily through communities and so outbreaks are common in settings where people have close contact, such as schools and nurseries.

For most, this is an unpleasant, short-lived illness with a full recovery within two to three days without needing any medicine. However, children should not attend school or nursery until 48 hours after the symptoms have stopped.

It's worth noting that some groups, including young children and babies, are at risk of suffering more serious and prolonged symptoms, which may require medical treatment.

How can we help stop norovirus spreading?

Good hand hygiene is important to stop norovirus spreading.

To avoid catching norovirus or passing it on to others, children should wash their hands frequently and thoroughly with soap and warm water.

Norovirus is easily transmitted through contact with people with the infection and any surfaces or objects which have been contaminated with the virus.

How long is norovirus contagious?

The incubation period of norovirus is 12 to 48 hours, which is the time between catching the virus and developing symptoms.

Children are most infectious when symptomatic, but it is possible to pass on norovirus both before developing symptoms and after symptoms have stopped.

This is why children should not attend school or nursery until 48 hours after the symptoms have stopped.

Alcohol-based hand sanitisers are not effective against norovirus.

My child has sickness and/or diarrhoea and may have norovirus – what should I do?

Do not send child to school or nursery until 48 hours after the symptoms have stopped and avoid visiting your GP or hospital while symptomatic unless advised otherwise.

Those with symptoms should avoid cooking and helping prepare meals for others until 48 hours after symptoms have stopped, as norovirus can be spread through contaminated food when it is handled by people with the illness.

Vomiting and diarrhoea causes your child's body to lose water and salts, which can lead to dehydration, so it is important that they drink plenty of fluids to prevent this.



COMMUNITY NEWS



What's on at our centres? Spring 2026 Jan - Feb

Morecambe Central (Library) LA4 5DL

| Monday | Thursday | Saturday |
|---|--|---|
| Development Matters (0-5 years) 9.30am-11am Infant Massage (Pre-book) 1pm-2pm School's Out (8-11 years) 3.30pm-4.45pm | Coffee & Connect 9.30am-11.30am 1st Thursday of the month Baby & You Sensory Time (0- to pre-walking) 1pm-2pm Friday NCT Breastfeeding Peer Group 11.30am-1pm | MATCH 10am-12 noon Every 1st Saturday of the month |

Lune Park LA1 2LN

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------------|---|---|---|--------|
| Baby & You (0-pre-walking) 10am-11am | Mucky Makers 9.30am - 10.30am Infant Massage (Pre-book) 11am-12pm Chatter Play (0-5 years) 1pm - 2.30pm Wellcomm Screening (Pre-book) 1pm-2.30pm | Development Matters 9.45am-11.15am Colourful Footsteps (0-8 years Additional Needs) 1pm-2.30pm | Mini Move & Groove (0-5 years) 9.30am-11am SEND Support Group 1pm-3pm 1st Friday of the month | |

Westgate Hub LA4 4XF

| Tuesday | Thursday | Friday |
|--------------------------------------|---|---|
| Baby & You (0-pre-walking) 10am-11am | Chatter Play (0-5 years) 9.30am-11am Infant Massage (Pre book) 1pm-2pm | Development Matters (0-5 years) 9.30am-11.00am Babbling Babies (0-18 months) 1pm-2pm |

Carnforth LA5 9LS

| Monday | Friday |
|--|---|
| The Listening Lounge 9.30am-11.30am 1st Monday of the month Babbling Babies (0-18 months) 1pm-2pm School's Out (8-11 years) 3.30pm-4.30pm | Carnforth Food Club 2pm-4pm To sign up email members@gsgcup.org or call 01524 928027 |

Sandylands Community Hub LA3 1EJ

| Tuesday |
|--------------------------------|
| Early Explorers 9.15am-10.15am |

Salt Ayre Leisure Centre LA1 5JS

| Thursday |
|-------------------------------|
| Ready, Steady, Go! 1pm-2.30pm |

Firbank Centre LA1 3HL

| Wednesday |
|-----------------------------------|
| Infant Massage (Pre book) 1pm-2pm |

Online

| Wednesday |
|---|
| Virtual Brew & You 10.30-11.30am Virtual peer support drop-in for Mental Health Please call 01524 581280 for more information |

Courses

Our bookable sessions/courses are;

- Bump, Birth & Beyond (Antenatal)
- Infant Massage (Attachment and Bonding)
- Wellcomm Screening (Speech and Language)
- Nurture Parenting Programme (Parenting Support)
- New Horizons (Self-esteem and Personal Development)

To book onto these, please call us on 01524 581280, book online at the link below, <https://events.apps.lancashire.gov.uk/w/webpage/all-events> or scan the QR Code.

01524 581280

Lancaster and Morecambe Family Hubs

Lancasterfamilyhub@lancashire.gov.uk

Children and Family Wellbeing Service

Lancashire County Council

FAMILY HUBS NETWORK

The Nurture Parenting Programme

How to get the best out of family life

Children are rewarding, stimulating and fun, but looking after them can be stressful and challenging. The Nurturing Programme helps deal with those challenges.

| Centre | Time | Date |
|-----------|-------------|-----------|
| Westgate | 9:30-11:30 | 12/1/2026 |
| Lune Park | 9:30- 11:30 | 15/1/2026 |
| Westgate | 9:30- 11:30 | 20/4/2026 |
| Lune Park | 9:30- 11:30 | 23/4/2026 |
| Westgate | 9:30-11:30 | 14/9/2026 |
| Lune Park | 9:30-11:30 | 17/9/2026 |



This programme is for parents with children aged 3-11 years and runs for 10 weeks. Call 01524 581280 to book on or see QR link



BREW & YOU

FEELING OVERWHELMED, ISOLATED, OR JUST IN NEED OF A CHAT WITH PEOPLE WHO GET IT? YOU'RE NOT ALONE

WHY NOT JOIN US ON OUR WEEKLY VIRTUAL PEER SUPPORT GROUP



WHETHER YOU'RE NAVIGATING YOUR OWN MENTAL HEALTH OR SUPPORTING A CHILD, PARTNER, OR LOVED ONE. THIS GROUP IS FOR ALL.

OUR SUPPORT GROUP IS A WARM, WELCOMING SPACE WHERE YOU CAN CONNECT WITH OTHERS WHO TRULY UNDERSTAND.

EVERY WEDNESDAY 10:30-11:30AM
PLEASE CALL 01524 581280 FOR MORE INFORMATION AND LINK

GRAB A BREW AND JOIN US

Lancashire County Council

FAMILY HUBS NETWORK

SAFE