

#### Plaiting and twisting

Create two strand twists, fishtail, french and cornrow plaits.

## Styling hair

Use a block head to create an array of hairstyles.

#### **Preparation for work**

Gain knowledge and skills to prepare you for working in the hairdressing industry.

### Work towards goals

Identify your strengths and weaknesses and get help with job searching.

Realise has developed a new introduction to hairdressing programme to support people to get into the industry.

The course is fully funded so there's absolutely no cost to take part. But you could walk away with vital skills that employers are asking for and even a new job!

The course can be delivered flexibly to meet the availability and needs of learners. It's a hands-on programme where participants will use a block head to learn basic hairdressing skills such as plaits and twists.

Learning is accredited and those who successfully complete the programme will gain three certificates:

- Level 1 developing yourself
- Level 1 preparation for work
- Entry level 3 working towards goals
- Entry level 3 working as part of a group
- Level 1 plaiting and twisting hair
- Level 1 styling hair

The programme could be career enhancing and life-changing, so please get in touch if we could help you or someone you know.

# Realise

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